| **Home with solid fill** | **DISASTER SUPPLIES KIT** |
| --- | --- |
| *Store these items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers like plastic bins or a duffle bag.* |
|[ ]  Water, at least one gallon per person, per day, for several days, for drinking and sanitation |
|[ ]  Food, at least several days supply of non-perishable food |
|[ ]  Manual can opener |
|[ ]  Battery-powered or hand crank radio |
|[ ]  Flashlight |
|[ ]  First Aid Kit |
|[ ]  Extra batteries |
|[ ]  Whistle, to signal for help |
|[ ]  Dust masks, to filter contaminated air |
|[ ]  Plastic sheeting and duct tape, to shelter-in-place |
|[ ]  Moist towelettes, hand sanitizer, and trash bags, for personal sanitation |
|[ ]  Soap or liquid detergent |
|[ ]  Insect repellent and sunscreen |
|[ ]  Wrench or pliers, to turn off utilities |
|[ ]  Multi-purpose tool that includes a knife |
|[ ]  Local maps |
|[ ]  Work gloves |
|[ ]  Rain gear and umbrella |
|[ ]  Blankets or sleeping bags and towels |
|[ ]  Chargers and back-up batteries for cell phones |
|[ ]  Prescription and non-prescription medications, including pain reliever, EpiPen, and inhaler |
|[ ]  Eyeglasses, sunglasses, and contact lens supplies |
|[ ]  Cash or traveler’s checks |
|[ ]  Important documents including insurance cards, IDs, and bank account records |
|[ ]  Emergency phone numbers and contact information written down |
|[ ]  Climate-appropriate change of clothes including hat and sturdy shoes |
|[ ]  Fire extinguisher |
|[ ]  Matches in a waterproof container |
|[ ]  Personal hygiene items including toothbrushes, menstrual products, and personal care items |
|[ ]  Disposable or non-breakable dishes and cutlery |
|[ ]  Paper towels or rags |
|[ ]  Notepad, pens, pencil |
|[ ]  Extra set of car and house keys |
|[ ]  Books, games, and puzzles |
|[ ]  Baby supplies including formula, bottles, diapers, wipes, and rash cream |
|[ ]  Pet food and supplies including extra water |
| *Add additional items here:* |
|[ ]   |
|[ ]   |
|[ ]   |
|[ ]   |
|[ ]   |

| **Fork and knife with solid fill** | **EMERGENCY FOOD SUPPLY** |
| --- | --- |
| *Store at least a several-day supply of non-perishable food. Choose foods your family will eat and remember any special dietary needs including food allergies.* |
|[ ]  Water, at least one gallon per person, per day, for several days, for drinking and sanitation |
|[ ]  Ready-to-eat canned meats, fruits, vegetables, and beans |
|[ ]  Manual can opener |
|[ ]  Read-to-eat pre-packaged and pouch meals |
|[ ]  Protein or granola bars |
|[ ]  Dry cereal or granola |
|[ ]  Peanut butter |
|[ ]  Dried fruit, nuts, and trail mix |
|[ ]  Canned juices |
|[ ]  Non-perishable or shelf stable milk |
|[ ]  High-energy foods |
|[ ]  Comfort foods |
|[ ]  Condiments including salt, pepper, and hot sauce |
|[ ]  Baby food and supplies, if needed |
|[ ]  Pet food and supplies including extra water |
| *Add additional items here:* |
|[ ]   |
|[ ]   |
|[ ]   |
|[ ]   |

| **Briefcase with solid fill** | **EMERGENCY SHELTER-AT-WORK KIT** |
| --- | --- |
| *Be prepared in case you need to shelter at your workplace for at least 24 hours with some emergency items stored in a “grab and go” case that you keep at work or in your car.* |
|[ ]  Bottled water or other beverages |
|[ ]  Ready-to-eat foods like protein bars, crackers, peanut butter, or pre-packaged meals |
|[ ]  Condiments including salt, pepper, and hot sauce |
|[ ]  Flashlight |
|[ ]  Dust mask, to filter contaminated air |
|[ ]  Moist towelettes or wet wipes and hand sanitizer |
|[ ]  Charger and back-up battery for cell phone |
|[ ]  Prescription and non-prescription medications, clearly labeled |
|[ ]  Change of clothes and comfortable shoes |
|[ ]  Rain gear and umbrella |
|[ ]  Personal hygiene items including toothbrush, toothpaste, deodorant, and menstrual products |
|[ ]  Blanket |
|[ ]  Cash |
|[ ]  Deck of cards and a book |
| *Add additional items here:* |
|[ ]   |
|[ ]   |
|[ ]   |
|[ ]   |
|[ ]   |

| **Car with solid fill** | **EMERGENCY KIT FOR THE CAR** |
| --- | --- |
| *Some items may need to be kept in the car in an easy to reach place, but most items can be stored in a duffle bag or kit that is stored in the truck.* |
|[ ]  Car escape tool that includes a seat belt cutter and window breaker |
|[ ]  Jumper cables |
|[ ]  Flat tire inflation canister |
|[ ]  Flares or reflective triangle |
|[ ]  Cell phone charger |
|[ ]  Blanket |
|[ ]  Local maps |
|[ ]  Notepad and pen |
|[ ]  Small tool kit or a multi-purpose tool that includes a knife |
|[ ]  Small foldable shovel |
|[ ]  Flashlight and extra batteries |
|[ ]  Compass |
|[ ]  First Aid Kit |
|[ ]  Non-perishable, high-energy foods, like nuts, dried fruit, and protein bars |
|[ ]  Drinking water |
|[ ]  Prescription and non-prescription medications, including pain reliever, EpiPen, and inhaler |
|[ ]  Reflective vest, in case you need to walk to get help |
|[ ]  Fire extinguisher |
|[ ]  Duct tape |
|[ ]  Paper towels or rags |
|[ ]  Rain poncho and umbrella |
|[ ]  Cold weather: snow brush, ice scraper, warm clothing, extra blankets, cat litter for traction |
|[ ]  Emergency phone numbers and contact information written down |
|[ ]  Auto insurance policy information including contact number |
|[ ]  Towing or roadside assistance contact number |
| *Add additional items here:* |
|[ ]   |
|[ ]   |
|[ ]   |
|[ ]   |

**Maintaining Your Emergency Kits**

After assembling your kit remember to maintain it so they are ready in an emergency.

* Keep canned food in a cool, dry place.
* Store boxed food in tightly closed plastic or metal containers.
* Replace expired items as needed.
* Re-think your needs every year and update your kits as your family’s needs change.

**Establish a Communication Plan**

Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area.

* Plan ahead of time how you’ll contact one another and reconnect if separated.
* Establish a family meeting place that’s familiar and easy to find.