

# MEDICAL, HEALTH, AND FIRST AID CHECKLIST

Date	
Location	
Completed by	

	OK = Satisfactory	AN = Action Needed	N/A = Not Applicable	OK	AN	N/A
1	A hospital, clinic, or infirmary for medical care is located near the worksite.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	Emergency phone numbers are posted for employees. [1910.165(b)(4)]			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	If a medical facility is not located near the worksite, at least one worker on each shift is adequately trained and qualified to provide first aid. [1910.151(b)]			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	OSHA 300 Log of Work-Related Injuries and Illnesses and OSHA 301 Injury and Illness Incident Reports are maintained as required by OSHA Standard 1904.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	The OSHA 300 Log is signed by a company executive and posted between February 1 and April 30. [1904.32]			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Fully supplied first aid kits are easily accessible to each work area, are adequate for the particular area or operation, and are periodically inspected and replenished as needed. [1910.151(b)]			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	All dated medical supplies are current (not expired).			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	If it is anticipated that workers may come in contact with bloodborne pathogens, an Exposure Control Plan is in place. [1910.1030(c)(1)]			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Employees who are expected to respond to medical emergencies as part of their job responsibilities have received first aid training, had hepatitis B vaccinations made available to them, had appropriate training on procedures to protect them from bloodborne pathogens, including universal precautions, and have available and understand how to use appropriate PPE to protect against exposure to bloodborne diseases. [1910.1030]			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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		OK	AN	N/A
10	Adequate toilets and washing facilities are provided and maintained in a clean and sanitary condition. [1910.141(c-d)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	Where corrosive liquids or materials are handled safety showers and eyewash stations are accessible. [1910.151(c)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	Safety showers and eyewash stations are inspected at least monthly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	If respirators are necessary or required, there is a written respiratory protection program in place. [1910.134(c)(1)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14	When workers may be exposed to any toxic or hazardous substances (examples: asbestos, lead, silica), a written respiratory protection program and a medical surveillance program are in effect as required by OSHA Standard 1910 Subpart Z.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15	If employee noise exposures equal or excel an 8-hour time-weighted average sound level (TWA) of 85 decibels, an ongoing preventive hearing conservation program is in place to educate workers about safe levels of noise, exposures, effects of noise on their health, and the use of personal protection. [1910.95(c)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16	Medical records and exposure records are maintained as required. [1910.1020]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17	There is a substance abuse policy in place.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Action Needed Items and Additional Notes:

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