| SAFETY MEETING QUIZ |
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| | Name: |  | Date: |  | | --- | --- | --- | --- | | Safety Topic: | *V1-55B Personal Protection – Hearing Protection* | | | |

1. Hearing loss usually occurs
   1. immediately.
   2. at home.
   3. gradually.
   4. randomly.
2. Occupational noise is sometimes referred to as
   1. an instant one-time exposure.
   2. a sudden short-term nuisance.
   3. a daily danger.
   4. a stealth long-term hazard.
3. OSHA recommends that workplace noise levels be kept below 85 dBA as a time-weighted average.
   1. 30-minute
   2. 1-hour
   3. 8-hour
   4. 24-hour
4. There are different ways to measure or estimate the noise level of any working environment including
   1. a sound level meter or a dosimeter.
   2. the 2-3 foot rule.
   3. a cell phone app like the NIOSH sound level meter app.
   4. all of the above.
5. It is not acceptable to use as a hearing protection device.
   1. plain cotton
   2. foam earplugs
   3. custom molded earplugs
   4. earmuffs

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| | ANSWER KEY | | | --- | --- | | Safety Topic: | *V1-55B Personal Protection – Hearing Protection* | |

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