| SAFETY MEETING QUIZ |
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| Name:  |  | Date: |  |
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| Safety Topic: | *V1-55B Personal Protection – Hearing Protection* |

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1. Hearing loss usually occurs
	1. immediately.
	2. at home.
	3. gradually.
	4. randomly.
2. Occupational noise is sometimes referred to as
	1. an instant one-time exposure.
	2. a sudden short-term nuisance.
	3. a daily danger.
	4. a stealth long-term hazard.
3. OSHA recommends that workplace noise levels be kept below 85 dBA as a time-weighted average.
	1. 30-minute
	2. 1-hour
	3. 8-hour
	4. 24-hour
4. There are different ways to measure or estimate the noise level of any working environment including
	1. a sound level meter or a dosimeter.
	2. the 2-3 foot rule.
	3. a cell phone app like the NIOSH sound level meter app.
	4. all of the above.
5. It is not acceptable to use as a hearing protection device.
	1. plain cotton
	2. foam earplugs
	3. custom molded earplugs
	4. earmuffs

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| ANSWER KEY |
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