| SAFETY MEETING QUIZ |
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| Name:  |  | Date: |  |
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| Safety Topic: | *V2-156 Driving Safety – Long Distance Driving* |

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1. Before every long drive check the forecast.
	1. weather
	2. stock market
	3. sales
	4. inflation
2. For any long drive, make sure to pack
	1. water.
	2. emergency roadside kit.
	3. easy-to-eat snacks.
	4. all of the above.
3. If you begin to feel stressed or angry while driving,
	1. yelling can help blow off steam.
	2. pull over and take a break to decompress.
	3. honk or drive aggressively to let other drivers know you are upset.
	4. speed to get around slow drivers.
4. Good defensive drivers pay attention and stay alert, so they are able to anticipate other driver’s mistakes.
	1. True
	2. False
5. On long drives, listen to your body and take breaks along the way. A recommendation is to take a break every
	1. 45 minutes.
	2. 30 miles.
	3. 2 hours.
	4. 500 miles.

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| ANSWER KEY |
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