

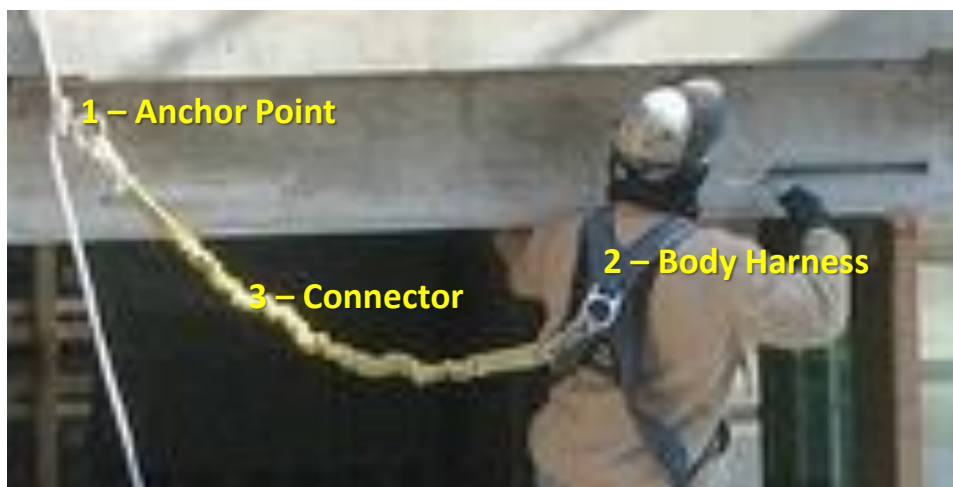
Fall Arrest Systems

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Fall hazards are recognized as one of the “OSHA Big Four” which account for the majority of fatalities in the construction industry.

OSHA Standard 1926.503(a)(1) *The employer shall provide a training program for each employee who might be exposed to fall hazards. The program shall enable each employee to recognize the hazards of falling and shall train each employee in the procedures to be followed in order to minimize these hazards.*

- Personal Fall Arrest Systems (PFAS) typically consist of an Anchor Point, a Body Harness, and a Connector such as a lanyard.
- Workers must be trained in fall protection and the specific types of Personal Fall Arrest Systems they will use on the job.
- Fall arrest systems must be inspected before each use.
- Inspections of fall arrest systems should include looking for any signs of damage, excessive wear, rust, or chemical damage.
- Any fall arrest system equipment found to be defective must be removed from service immediately!



Workers must be trained in fall protection and the specific types of Personal Fall Arrest Systems they will use on the job. Training topics can include:

- How to put on harnesses
- Limitations of fall protection equipment
- How to inspect their equipment
- What is a safe anchor or “tie-off”

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